



Preceptor Connection



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Letter from the Editor



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Ever feel like you're the only pharmacist in the community that has to juggle 600 scripts a day and still train a student? Ever wonder how other pharmacy departments provide adequate patient care and still provide quality training for their pharmacy students? Well, we have. After 20+ years in practice, Walter Soja and I have seen it all. And yes, so many times we felt quite alone. So we've decided to start a newsletter that will begin to connect all our Clinical Faculty Preceptors. Even though we may have different practice settings and training, a lot of our struggles are the same. It is our hope to open the lines of communication between sites and identify and solve our common problems. We hope you enjoy this first edition of Preceptor Connection. Let's stay connected!

*Misty M Stutz, PharmD
Director of Experiential Education
Sullivan University College of Pharmacy*

Got a clinical service you would like to share? Let our office know and you may be our next celebrity on "Clinical Clips"

MTM Services Offered in Louisville

Think MTM only occurs in other places? Well, think again. Ask Kate Probst, clinical coordinator for Walgreens in Louisville and she'll tell you: now is the time for pharmacists to provide patient care services such as MTM. And here's how she does it. As a chain, Walgreens receives its MTM patients through Walgreens Health Initiatives (WHI) and Mirixa MTM Services. Kate coordinates these patients to pharmacists throughout the district depending on patient demographics. Kate, as well as other Walgreen pharmacists, performs MTM through both telephonic and face-to-face sessions giving patients a thorough medication review, in depth drug interactions report and a med counselor printout and profile. This review allows patients and health care providers to be kept informed. In fact, the Louisville area does about 25% of all the MTM cases from WHI. Wow! That's quite an impressive number!

*Kate Probst, PharmD
Clinical Program Coordinator
Walgreens, Louisville North and South Districts*



MTM Summary of Changes for 2010

Recently, the Centers for Medicare and Medicaid Services (CMS) released the 2010 call letter that outlined many requirements for Part D Medication Therapy Management (MTM) Program sponsors. Overall, the changes highlighted are meant to maximize patient access and reduce restrictions to MTM services. Beginning in 2010, beneficiaries will be enrolled using opt-out methods and will be targeted for enrollment at least quarterly throughout the year. Additionally, those eligible should have a certain number of chronic conditions. Seven such conditions have been highlighted. These are hypertension, heart failure, diabetes, dyslipidemia, respiratory diseases, bone-disease-arthritis and mental health. MTM program sponsors are required to target at least four. Sponsors cannot require more than eight Part D drugs as the minimum numbers of drugs before services are offered and the existing \$4,000 annual cost threshold for Part D drugs is being lowered to \$3,000. Interventions should be offered to beneficiaries or his/her prescribers in efforts to promote coordination of care. Services offered should include interactive components and plans for continual monitoring and follow-up. A Comprehensive Medication Review (CMR) should be performed on at least an annual basis and CMS places high value of on-going monitoring to assess unresolved issues or reconciliation of medication lists during transition of care. Lastly, program sponsors will be required to report the number of CMRs performed, targeted medication reviews, prescriber interventions and changes in therapy. These new guidelines will hopefully allow more interventions for those patients with the highest need. For full review of the proposed changes visit: <http://www.cms.hhs.gov/PrescriptionDrugCovContra/Downloads/2010CallLetter.pdf>

*James D. Nash, PharmD, BCPS
Director, Office of Patient Centered Care
Sullivan University College of Pharmacy*



Wow! Can she be on my team?

Question of the Day

Q What do you do when a student shows up at your site in inappropriate clothing?

A I had this happen on my rotation a few years ago. All the students were new to rotations and the weather was warming up, making casual and more revealing attire seem more reasonable. I addressed this problem on two fronts. First, I had an immediate conversation with the student involved. While recognizing that professional dress standards have somewhat fallen from popular culture, I think it is particularly important for young, new practitioners to do everything they can to inspire confidence within themselves and with others, including the healthcare team and patients. Body language and dress help create that first impression that others perceive of us. I wanted the student to feel mentored about professionalism and not chastised for making a bad choice in dress. Second, I now include a candid conversation about dress, including tattoos, body piercing and unnatural hair color, on day 1 of each rotation that is very specific with do's and don'ts. I found it particularly helpful to provide examples of appropriate dress to ensure that the message was clear. Professional, modest dress is always the way to go when the goal is to look confident and competent.

*Leslie Kenney B.S. Pharm., BCPS
Director, Adult Clinical Pharmacy Services
Norton Healthcare*

Meet a SUCOP Clinical Faculty Preceptor

Meet **Brian Fingerson**, a SUCOP clinical faculty preceptor. Brian heads up the Kentucky Professional Recovery Network (KYPRN) that helps healthcare professionals struggling with addiction. Brian is active in the community and shares his expertise with area schools including the College of Pharmacy. He offers an APPE rotation to pharmacy students from several universities sharing the important job he does in Kentucky. Brian graduated from North Dakota State University in 1973 and worked in several areas of pharmacy until forming his company in 1986. He not only aids pharmacists in their recovery from addiction, but several other health care disciplines. So what does he do in his free time? You might catch Brian catching some wind on his BMW motorcycle, if he's not at the YMCA working out. Of course he also takes time out for his family: LaVonne, wife of 35 years and three sons Jake, Peter, Two-Boys and a dog name Nelly. And if helping other pharmacists isn't enough, Brian also works with Habitat for Humanity and helps pastor a church in Goshen. So not only is Brian a great preceptor, he's also a great guy!



Brian Fingerson, R.Ph

Experiential Education Committee Update

Think committees are a waste of time? Well, not this one. The experiential education (EE) committee is a faculty committee formed by the college to include various pharmacists from throughout the community. These pharmacists provide valuable insight into how the college should manage students throughout rotations and what the expectations of the EE office should be. Members vote on how the rotations should be conducted and review and write the syllabi and manuals. So if you have a suggestion for EE or want your voice heard, you may contact any of the committee members for your direct link to the college.

Members:

Ben Graves- <i>VAMC</i>	Marie Jewell- <i>Meijer</i>
Brad Hall- <i>KPhA</i>	Mary Davenport- <i>Baptist East</i>
Bryan K. Strobl- <i>Central State</i>	Matt Martin- <i>Louisville Pharmacy</i>
Chad Downing- <i>Walgreens</i>	Melissa Groover- <i>CVS</i>
Cliff Niemeier Jr.- <i>Baptist Regional</i>	Paul Mangino- <i>U of L</i>
Don Kupper- <i>U of L</i>	Jill Rhodes - <i>SUCOP</i>
Glenn L. Watson- <i>Jewish</i>	Rick Dunn- <i>Rite Aid</i>
Greg Baker- <i>Walgreens</i>	Robert S. Oakley- <i>Baptist East</i>
Jacob M. Hutti- <i>Pharmamerica</i>	Shawn R. Eaton- <i>CVS</i>
Jane N. Stacy- <i>Humana</i>	Timothy A. Pence- <i>Floyd Memorial</i>
Jeff Daily- <i>Costco</i>	Tina Claypool- <i>U of L</i>
Joseph Bickett- <i>Cardinal Health</i>	Will Greygor- <i>Target</i>
Ajoy Koomer - <i>SUCOP</i>	William K. Fleming- <i>Humana</i>
Leon Claywell- <i>Medica Pharmacy</i>	Terry Yates- <i>SUCOP student</i>
Leslie Kenney- <i>Norton Healthcare</i>	
Lynda Romeo- <i>MedCare</i>	

Preceptor Tip

"Whenever my IPPE student has nothing to do, I give them old compounding prescriptions to look through and calculate the ingredients. My calculations are on the back and they can compare their answers to mine and we discuss if our answers don't match."



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Recipient Name

News and Notes from around town

IPPE starts July 6th - If you have a student for IPPE, they should be contacting you by June 22nd.

Want to post a blog? - Have a question or tip for other preceptors? Post it on our discussion group at www.linkedin.com. Group name is *SUCOP Clinical Faculty Preceptor* under *Misty Stutz*. Can't find the link? Just send your email address to mstutz@sullivan.edu and I'll send you an invitation to join the group. We'll be posting some of your great tips in our next newsletter.

*"The best and most efficient pharmacy
is within your own system."*

.... Robert C. Peale

Paul Mangino, Harry Kahne, and Susie Crow of University of Louisville participated in the Derby Marathon 65 miles between the three of them. What an accomplishment!

Melinda Joyce of Medical Center in Bowling Green is running for APhA president-elect for 2010-2011. "Joyce is the Choice for Kentucky" Go Melinda!

Melissa Groover of CVS has recently been appointed as pharmacy supervisor in the Louisville district. She will be replacing Brandi Johnson who is moving north. Congratulations Melissa!

Questions or Comments?

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